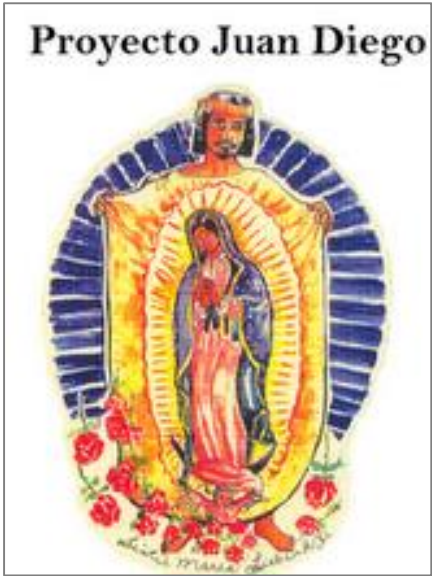




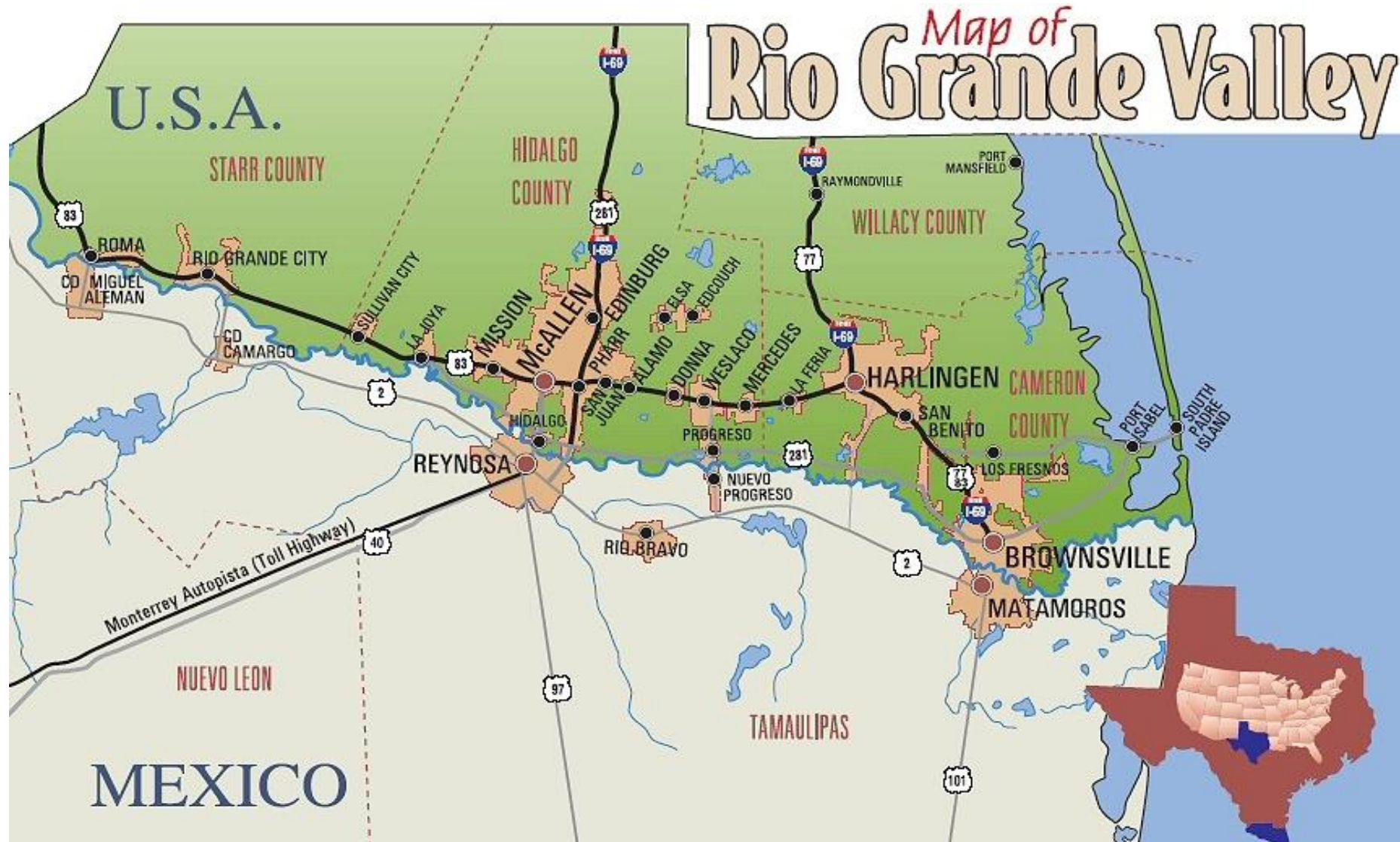
Rio Grande Valley Chronic Care Management Coalition

Belinda Reiningger, DrPH

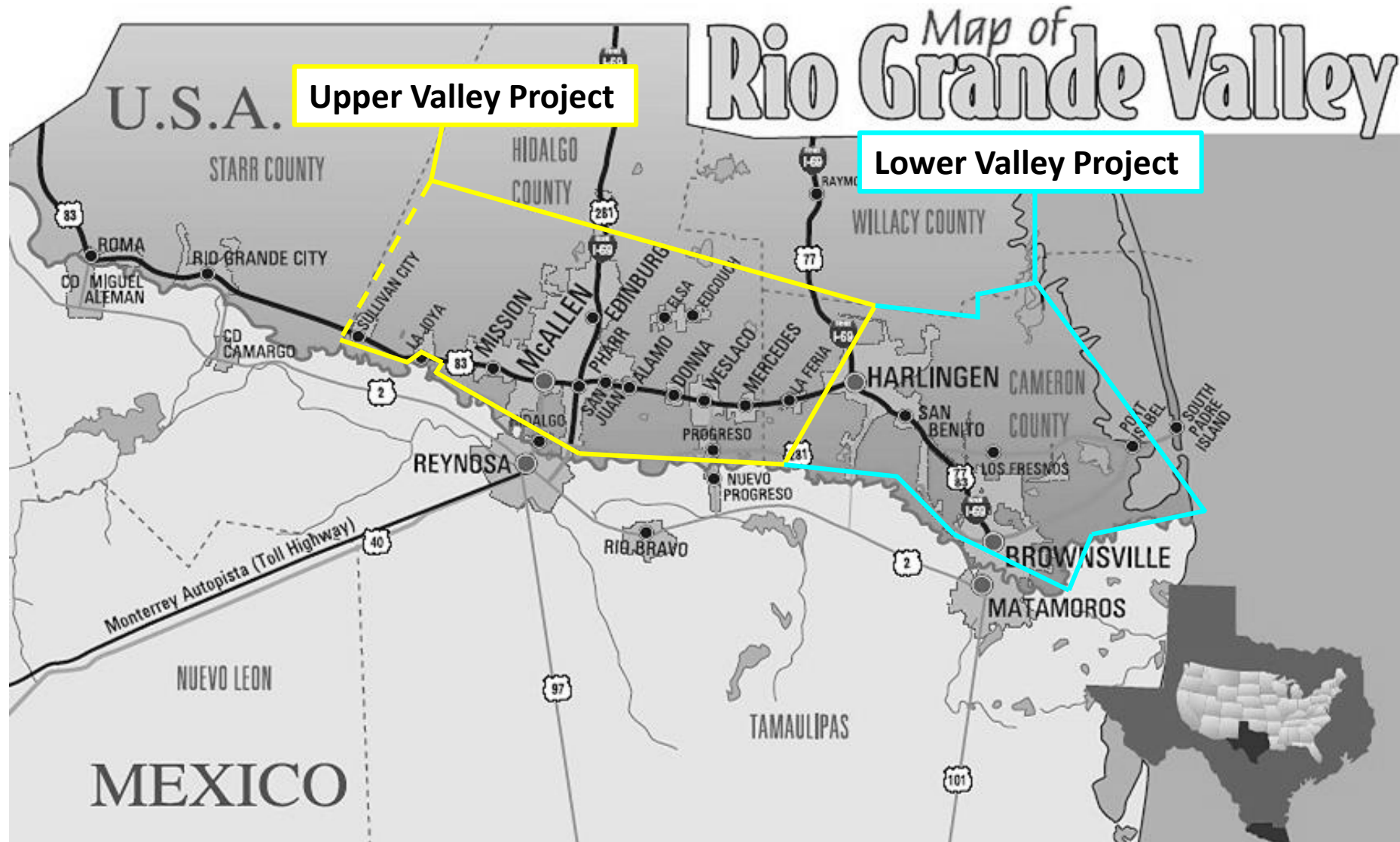
Collaborative Project



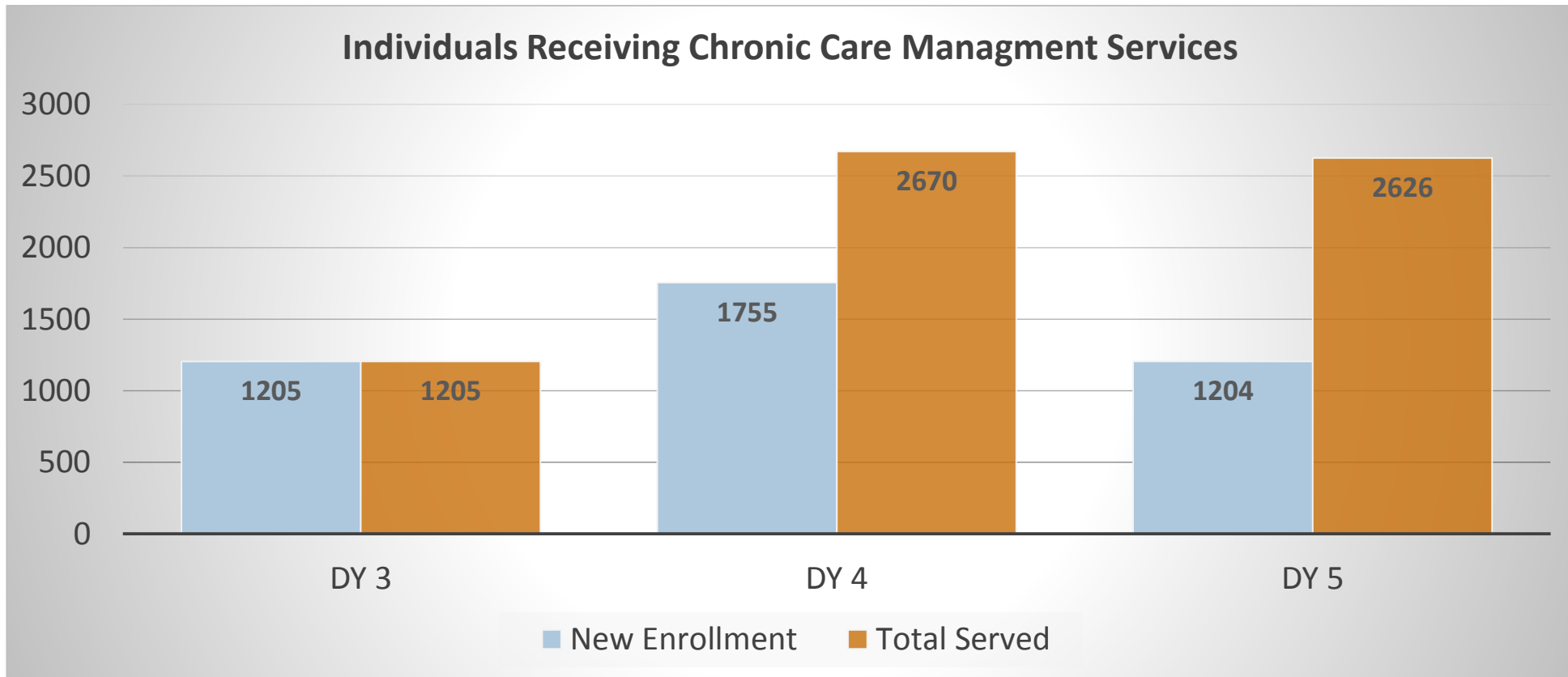
Implemented Across the RGV



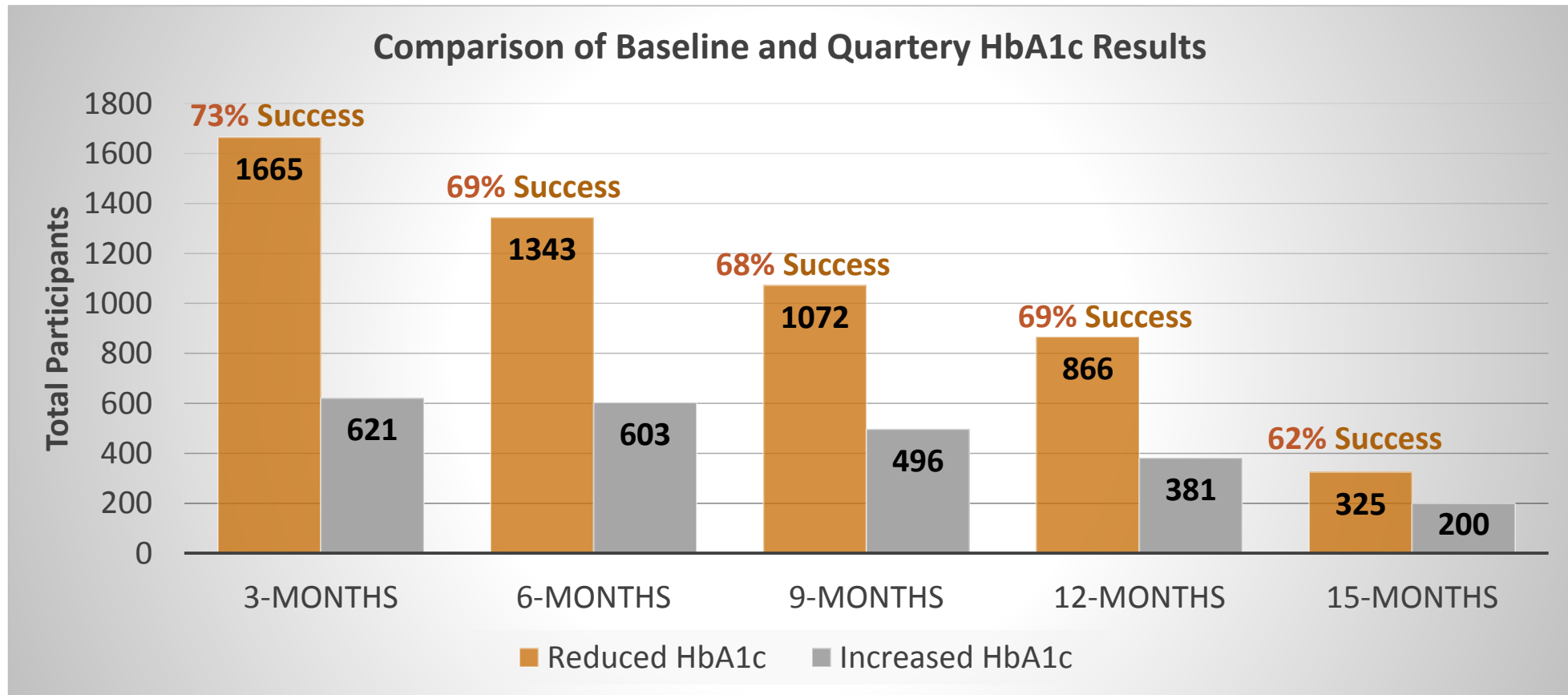
Implemented Across the RGV



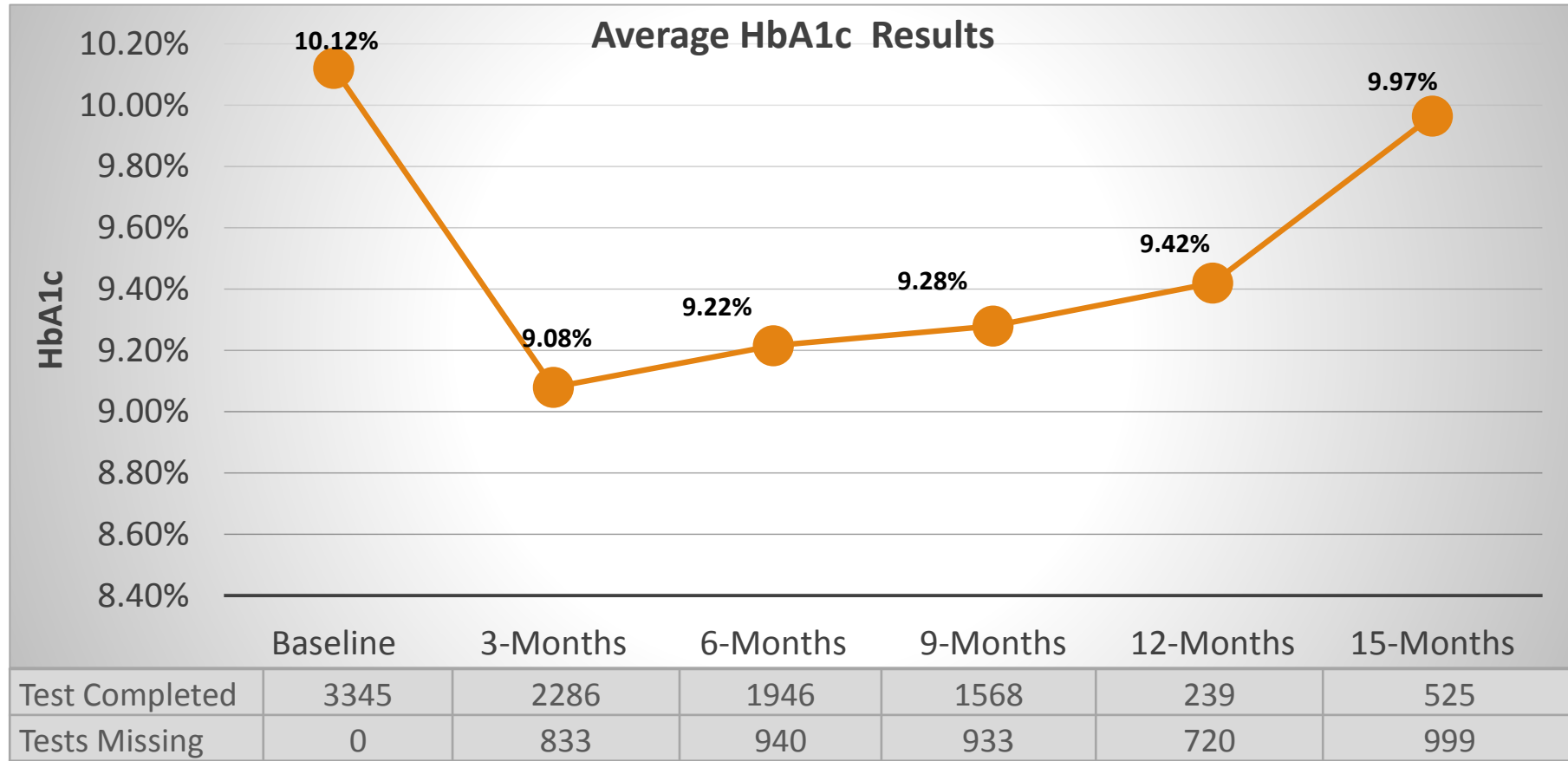
Salud y Vida Serves Participants with Uncontrolled Diabetes each Demonstration Year



Majority of Salud y Vida participants are improving control of diabetes



Average HbA1c values improve during the time frame where program services are most concentrated



Salud y Vida Program Services Time Line

Day 1 for participants

- Enroll in program
- Receive evaluation
- Enroll in Diabetes Self-Management Education (DSME) course

Months 1 – 2 for participants

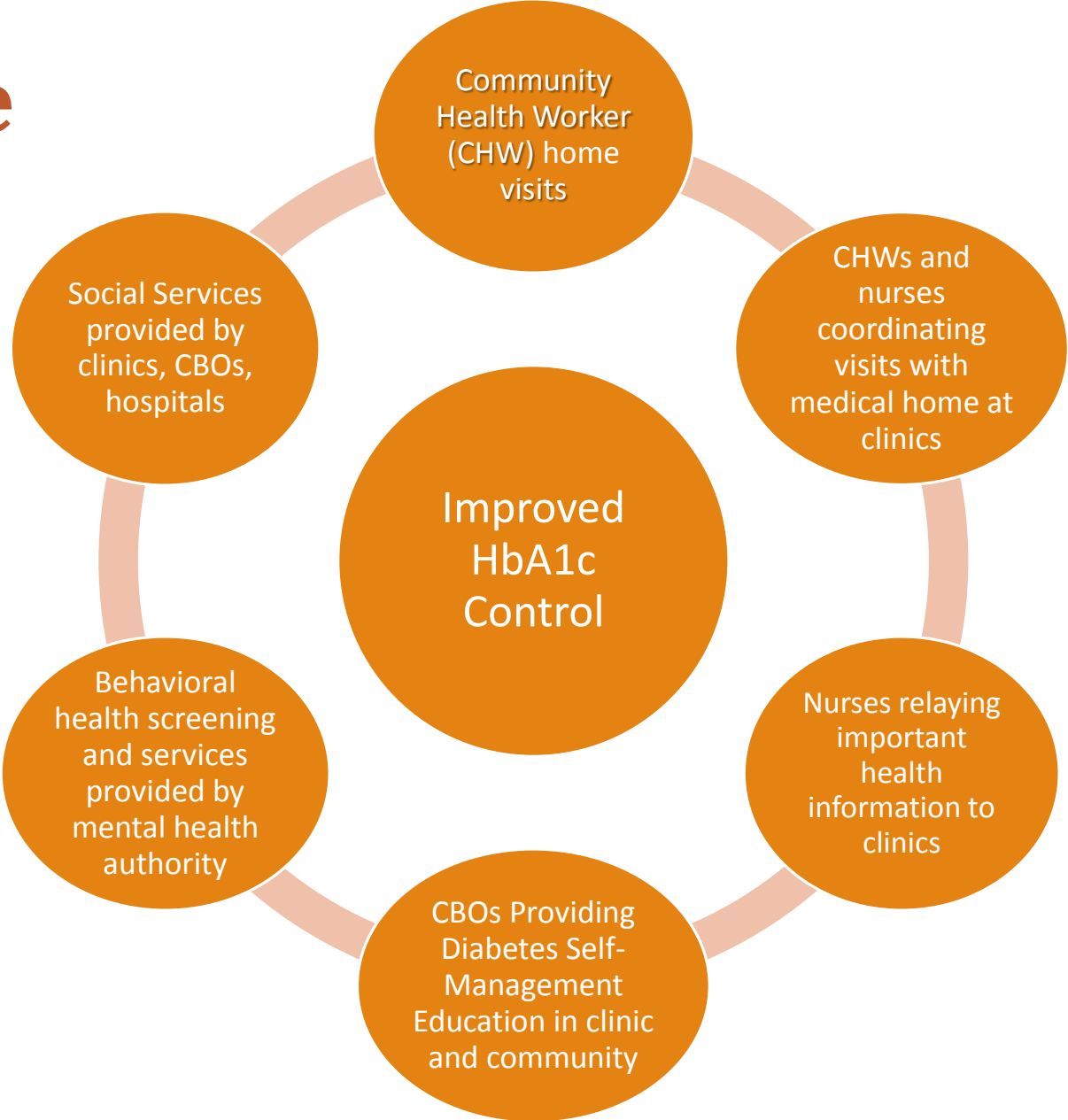
- Attend DSME classes
- Assigned community health worker (CHW)
- If no PCP, connected to a Medical Home by CHW
- Receive home visit and assessments by CHW
- Receive motivational text-messages

Months 3 – 12 for participants

- Receive HbA1c test every 3 months
- Receive support via phone & home visits from CHWs
- Attend Participant Advocate Leader Board meetings
- For participants with HbA1c results increasing 1.5% or greater, receive case review with action plan
- Obtain care coordination between program and medical home

Receive referral to other resources e.g. behavioral health, exercise and cooking classes, Compassion Funds, transportation assistance, social worker services, support groups

Coordinated Care Across Partner Organizations



Meet a Salud y Vida Participant * Name changed



Before Salud y Vida Ms. Cruz* was at high risk

- 53-year old with Type 2 diabetes
- HbA1c > 10.4% at time of enrollment

Salud y Vida Team

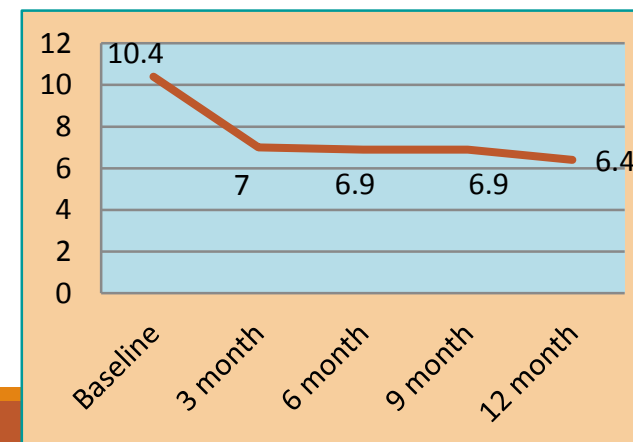
- Enrolled the participant in Diabetes Self-Management Classes (DSME) and completed all classes prior to the 3-month time point
- Worked together to improve eating habits
- Provided glucometer for daily monitoring
- Provided 7 home visits and multiple phone calls

Better Health!

- Stabilized glucose levels
- Changed eating and exercise habits
- HbA1c decreased after 12 months
- Volunteered as peer facilitator with support groups

“I always thought that visiting your physician and taking your medications was all you needed to do. In Salud y Vida I have learned a lot... I was the kind of person that by eleven in the morning, I was sleepy again. No strength, didn't want to do anything. Now I have lots of energy. I believe it's never too late to start. I'm 53 years old and I feel great, something I could have said in those 12 years I lost.”

HbA1c Results



Projected Final Outcomes

Salud y Vida, a program delivered through a coalition model will serve by end of DY 5 at least 4,164 individuals with uncontrolled diabetes in the Rio Grande Valley over 3 years.

77% will attend at least 1 Diabetes Self-Management Education class and 68% will complete all classes

68% of those that receive an HbA1c test will reduce their HbA1c within 3-months

66% will have reduced their HbA1c at 12-months.
41% will reduce their HbA1c below 9 at 12-months.